Getting to the Empire State Plaza

Driving:
From the North: Take Interstate 87 (Northway) to Interstate 90 (East) exit, proceed east to Interstate 787-South and take Empire Plaza exit.

From the South: Take New York State Thruway (Interstate 87) to Exit 23 - straight through Toll Booth to Interstate 787, then take Empire Plaza exit.

From the East: Take Interstate 90 and cross Hudson River. Take exit to Interstate 787 South, along river. Take Empire Plaza exit.

From the West: Take the New York State Thruway (Interstate 90) to Exit 24 (Albany), proceed east on Interstate 90 to Interstate 787 South, along river. Take Empire Plaza Exit.

Parking:
Below is a map of parking options around the Empire State Plaza & Capitol complex. There is also paid private parking available around the city. We recommend using the visitor lot (shown on map as V Lot (P3)/this lot fills up early) or the Times Union Arena parking garage and following the signs to the Egg. 
Note: map shows Times Union Arena as Pepsi Arena.